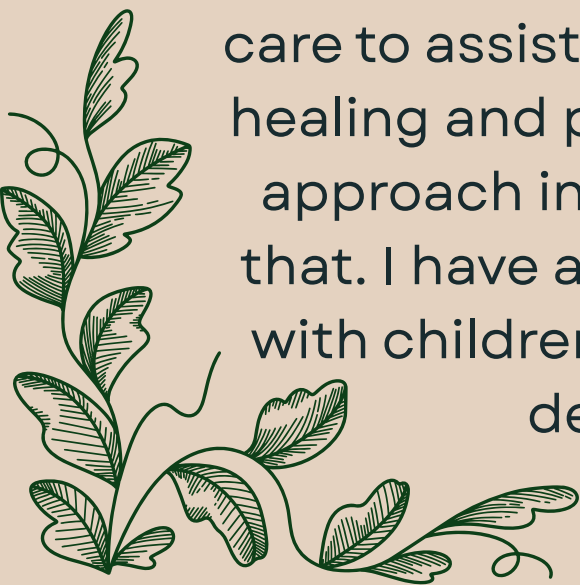


Ashley Lawton Converse
LMHC (NY) LCMHC (NC)
RPT-S CCPT-S
COS Facilitator



My name is Ashley, I am a Licensed Mental Health Counselor who has 15+ years of experience. I believe everyone deserves tailored therapeutic care to assist them with where they are at in their healing and processing journey; I use an eclectic approach in working with individuals to do just that. I have additional specializations in working with children, trauma survivors, and individuals dealing with grief and loss.



Credentials: Masters of Science from SUNY Oswego (MS), Licensed Mental Health Counselor in New York State and North Carolina (LMHC), Nationally Certified Counselor with National Board for Certified Counselors (NCC), Registered Play Therapist and Supervisor (RPT-S), Child-Centered Play Therapist and Supervisor (CCPT-S), Registered Circle of Security Parenting Facilitator through Circle of Security International

Experience with the following

disorders/specialties: ADHD, Anxiety, Bipolar Disorder, Borderline Personality, Children's issues, Childhood Trauma , Coping Skills, Depression, Developmental Disorders, Divorce, Domestic Abuse, Emotional Neglect, Family Issues, Grief/Loss, Life Transitions, Mood Disorders, Oppositional Defiance (ODD), Panic Disorder, Parenting, Peer Relationships, Post Traumatic Stress Disorder, Postpartum Anxiety/Depression, Relationship Issues, School issues, Self Esteem, Self-Harming. Sexual abuse, Stress, Suicidal Ideation, Trauma, Women's Issues

Therapeutic Approaches: Attachment-Based, Child Centered Play Therapy, Compassion Focused, Expressive Arts, Feminist, Humanistic, Narrative, Person-Centered, Trauma Focused

Experience Working With: Toddler, Children (6-10), Preteen, Teen, Adults