

Sadie Borruso

MHC-LP



My name is Sadie. I am a Limited Permit Mental Health Counselor. My goal as a counselor is to meet clients where they are and help them get to where they want to be.

Credentials: Master of Science from SUNY Oswego, Limited Permit Mental Health Counselor

Experience with the following disorders/specialties: Childrens Issues

Therapeutic Approaches: Child-Centered Play Therapy, Person-Centered.

Experience Working With: Toddler, Children (6-10), Preteen, Teen, Adults, Elders (65+)

