

# Jodi Mullen PhD LMHC RPT-S



I have 30 years experience providing mental health care to children, adolescents and adults in this community. My goal is to provide each individual I see for services a safe and growth-promoting space where they can reach their wellness potential. I endeavor to create the same environment in supervision and professional trainings.

**Credentials:** PhD Counselor Education & Supervision,  
Syracuse University, NYS Licensed Mental Health  
Counselor, RPT-S, CCPT-Master

**Experience with the following disorders/specialties:**  
Anxiety, Children's issues, Childhood Trauma, Chronic  
Illness, Depression, Domestic Violence, Eating  
Disorders, Grief/Loss, LGBTQ+, Life Transitions, Mood  
Disorders, Parenting, Relationships, Racial Identity, Self-  
Esteem, Self-Harming, Sexual abuse, Spirituality, Stress,  
Trauma, Trust Issues, Women's Issues

**Therapeutic Approaches:** Attachment-Based, Child-  
Centered Play Therapy, Compassion-Focused,  
Culturally Sensitive, Expressive Arts, Feminist,  
Humanistic, Integrative, Internal Family Systems,  
Interpersonal, Narrative, Person-Centered, Strength-  
Based, Trauma-Focused

**Experience Working With:** Toddlers, Children (6-10),  
Preteens, Teens, Adults